

Account Management

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Conestoga High School



**September to December
 2022**

Meal Prices

Paid Lunch: \$4.00 to 5.25
 Reduce Lunch: \$.40
 Adult Lunch: \$5.25

DAILY FOOD STATIONS



Cheeseburger, Chicken Patty,
 Chicken Breast Sandwich, Vegetarian
 Burgers, Baked French Fries

Cheese Pizza
 plus one
 Daily Specialty Pie



DELI



Ham, Turkey, Roast Beef, Tuna & Chicken Salad,
 Spicy Ham, Salami, 3 Cheeses and Bread and
 Kaiser Rolls (Whole Wheat Multi Grain)



The Express
 Premade Deli Sandwiches



Build your Own

8oz 1% White Milk, Non-fat White Milk and Non-fat Chocolate Milk included with all Meals

Baby Carrots, Fresh Apple Slices, Canned and Fresh Fruit and 4oz 100% Apple and Grape Juice Available Daily

TODAY'S SPECIAL

DAILY SIDES

M Chicken Tenders w/Dipping Sauce
T Penne Pasta with Meat sauce
W Bacon Cheese Burger on a Bun
Th Chicken Fajita w/Cheddar Cheese
F Bosco Pizza Dippers

Mashed Potatoes, Baby Carrots
 Tossed Salad, Green Beans
 Baked Beans, Tossed Salad
 Peppers & Onions, Carrots w/Dip
 Marinara Sauce, Tossed Salad

M Soft Chicken Taco
T Chicken Alfredo & Broccoli
W Meatball Sub
Th Breaded Roasted Chicken Breast
F Bosco Pizza Dippers

Corn, Chopped Tomato, Lettuce
 Tossed Salad, Cuc Slice's w/Dip
 Tossed Salad, Baked Beans
 Mashed Potatoes, Tossed Salad
 Steamed Carrots, Tossed Salad

M Cheesesteak w/ Fr Onions Peppers
T Toasted Cheese Sandwich
W Pulled Pork Sandwich on a Kaiser
Th General Tso's Chicken Lo Mein
F Bosco Pizza Dippers

Coleslaw, Cucumber Slices
 Tomato Soup, Steamed Corn
 Baked Beans, Broccoli w/Dip
 Oriental Vegetables, Baby Carrots
 Marinara Sauce, Tossed Salad

M Chicken Cacciatore/ Penne Pasta
T Brd Chicken Breast Sandwich on a Bun
W Macaroni & Cheese
Th Stuffed Shells Spaghetti Sauce
F Bosco Pizza Dippers

Steamed Broccoli, Baby Carrots
 Baked Beans, Tossed Salad
 Tomato Soup, Broccoli w/dip
 Green Beans, Cucumber Slices
 Marinara Sauce, Tossed Salad

August/Sept					October					November					December				
29	30	31	1	2	3	4	5	6	7	31	1	2	3	4	5	6	7	8	9
5	6	7	8	9	10	11	12	13	14	7	8	9	10	11	12	13	14	15	16
12	13	14	15	16	17	18	19	20	21	14	15	16	17	18	19	20	21	22	23
19	20	21	22	23	24	25	26	27	28	21	22	23	24	25	26	27	28	29	30
26	27	28	29	30						28	29	30	1	2					

Color coded
 weekly menu

= No School